

KALIKAHPET



SPRAASNIKAM—SNUIKUUTEM

Port Graham Village Council hopes that everyone had a safe and joyous Christmas / New Years holiday!

We will be observing two holidays in the month of January. Vladimir Day is on the 14th and Martin Luther King Day is on the 21st.

Our offices will be closed. The Post Office will have regular service on the 14th but will be closed on the 21st.



Thank You, Santa!

Port Graham School held their Christmas program at the school on December 20th. Santa distributed gifts provided by the village council office. The village council received donations from several businesses and was able to purchase gifts and goodies to provide for the children at the program. Thank you to all the



people and businesses that made this possible. The children were very happy to receive these goodies.

Hi Everyone!



On December 31, 2012 a drawing took place for the \$1000 Fundraising Raffle. Fortunately, the final, 100th ticket was sold that night as well. Teachers, Josh and Jamie did the ticket drawings. Each ticket was drawn one at a time, it was exciting and excruciating waiting for the final ticket drawn!! . This was a successful fundraising event, proceeds from this raffle will go towards Port Graham's Cancer Fund, Emergency Fund, and various school activities. Congratulations to the winners! Thank you all very much for your kind donation to this good cause!

- | | | | |
|---------------------------|------------------------|-----------------------|-----------------------------|
| 1. Tom Yeaton-\$1000 | 27. Phyllis Wimberly | 53. Moose Anahonak | 79. Alice Anahonak |
| 2. Phyllis Wimberly-\$750 | 28. Millie Johnson | 54. Alice Anahonak | 80. Randy Norman |
| 3. Alice Anahonak-\$500 | 29. Patty Schwalenberg | 55. Francis Norman | 81. Mel Lynch |
| 4. Arne Hatch | 30. Peter Peterson | 56. Millie Johnson | 82. Michelle Hetrick |
| 5. Richard Moonin | 31. Francis Norman | 57. Tim Hopper | 83. Daniel Hetrick |
| 6. Jeff & Lydia McMullen | 32. Trudi K | 58. Harrietta McGhan | 84. Cheryl Parsons |
| 7. Adrienne Moonin | 33. Fenia Anahonak | 59. Alice Anahonak | 85. Jamie Josh Tone |
| 8. Stella Meganack | 34. Jean Huntsman | 60. Alice Anahonak | 86. Cheryl Grieser |
| 9. David Totemoff | 35. Heather Joseph | 61. Olen Harris | 87. Richard Moonin |
| 10. Cheri Hample | 36. Ephim Kamluck SR | 62. Jonathan Anahonak | 88. Sheri Buretta |
| 11. Darin Yates | 37. Harrietta McGhan | 63. Heather O'domin | 89. Laura McMullen |
| 12. Randy Norman | 38. Fenia Anahonak | 64. Tim Hopper | 90. Dannielle Malchoff |
| 13. Daryl Kreun | 39. Cheryl Grieser | 65. Jon Shepherd | 91. Alice Anahonak |
| 14. Helen Loescher | 40. Gabe Kompkoff | 66. Martin Norman | 92. John Grandall |
| 15. Violet Yeaton | 41. Alice Anahonak | 67. Charlie sink | 93. Alice Anahonak |
| 16. Luba Anahonak | 42. Francis Norman | 68. Benna Hughey | 94. Gabe Kompkoff |
| 17. Mary Malchoff | 43. Darlene Anahonak | 69. Robert Henrich | 95. Violet Yeaton |
| 18. Mel Lynch | 44. Wayne Barrowcliff | 70. Martin Norman | 96. Heather Joseph |
| 19. Robert Henrich | 45. Agnes Miller | 71. Violet Yeaton | 97. Millie Johnson |
| 20. Lawrence Yeaton | 46. Heather O'Domin | 72. Olen Harris | 98. Jim Ujioka |
| 21. David Totemoff | 47. Dannielle Malchoff | 73. Rita Meganack | 99. Cheryl Parsons |
| 22. Michelle Hetrick | 48. Marlene Norman | 74. Cheri Hample | 100. Angelina Sawden- \$250 |
| 23. Angelina Sawden | 49. John Johnson | 75. Bumpy Sofka | |
| 24. Phaedra Bennett | 50. Nick Moonin | 76. Francis Norman | |
| 25. Stella Meganack | 51. Patty Schwalenberg | 77. Nelson Childers | |
| 26. Millie Johnson | 52. Marlene Norman | 78. Billy Meganack | |

Congratulations !



The Native Village of Port Graham Traditional Values

**With guidance and
support from our
Elders, we teach our
children Alutiiq values**

Sugpiaq/Alutiiq Value of the Month:

OPENNESS



ANA GOVERNANCE PROJECT HAPPENINGS

ADMINISTRATION FOR NATIVE AMERICANS PROJECT COORDINATOR Daryl Kreun

During Year Two, First Quarter, the ANA Advisory/Training Committee completed assessing all Council Office Staff & Council Members. The purposes of these assessments are to measure current abilities in relation to their positions and too assist in determining the most effective and economical means in scheduling and providing the identified areas of training as part of their roles and responsibilities during the remainder of the ANA Governance Project

The intent of this ANA Governance Project is to continue to utilize these assessment forms to evaluate current & future Council Office Staff & Council Officials, to assist in the development of their skills, and to continue trainings as needed as well as a consistent reporting format to report progress to the Port Graham Tribal Members.

These assessments will be conducted in a consistent format ultimately, these assessments will assist in the successful attainment of the primary ANA Governance Project Goal; ***A better informed Council to provide a more thoughtful and effective leadership into the future of Port Graham.***

Results of the assessments are the following categories to provide trainings but not limited to:

Council Office Staff: Productivity, Project Management & Communication Skills

Council Members: Communication Skills, Organizational Planning & Ethics

Additional specific needs to be addressed by this ANA Governance Project are the following;

Administrative Staff Training

- Understand the functions and responsibilities of effective office/program management practices;
- Governance and Administrative ethics;
- Human resources issues;
- Effective grants management both fiscal and operationally;
- Development and implementation of policies and procedures;
- Understanding job descriptions and position responsibilities;
- How to establish and maintain good working relationships with funding agencies, some of which provide training and technical assistance to the IRA Council;
- Grants management both fiscally and operationally;
- Basic budgeting and accounting;
- Computer program training, in office suite software, to bring entire staff to the same level of computer literacy;



Council Member Training

- Understanding organization structure, Board responsibility and effectiveness, Board ethics;
- Tribal organizational training; interpretation, enforcement, development of by-law amendments and new ordinances, and the importance of consensus within the community;
- Understanding, implementing and enforcing Federal, State and Tribal laws;
- Robert's Rules of Order, understanding and implementation;
- Development and implementation of strategic plans including evaluation and outcomes of strategic plans;



- Development and implementation of policies and procedures, including process for reviewing and amending existing policies;
- Understanding of the importance of government structure, including Human Resource issues associated with hiring and maintaining a Tribal Administration workforce;
- Development of effective working relationships with program partners;
- Grants management & fiduciary responsibility.



Community Health Representative
CHR,
Lydia McMullen

Happy New Year 2013!

I hope you and your families will be blessed with Good Health, Prosperity and Joy in this New Year 2013!

Thursday, January 10th, 2013 & Thursday, January 29th, 2013 ~ The Alaska Food Bank will be open on from **1:00pm to 2:00pm!** This Institution is an equal opportunity provider!

Friday, January 11th, 2013 ~ CHR will be off work this day!

Monday, January 14th at 4:30pm ~ There will be a New Year's Potluck on at the Community Hall! Everyone bring your favorite food dish and join the festival! The New Year's Play will start at 7pm at the Port Graham Community Center! (We still are looking for actors and would like Everyone in the play to please come to the PG VC Center at 6:00pm to get dressed and go over the play!)

Friday, January 25th, 2013 ~ Woman's Night at the PGVC Community Hall from **7:00pm till 9:00pm!** Bring your arts and crafts and join this fun get together Women! A welcome break after the holidays!

Monday, January 28th, 2013, there will be a Elders Tea at **12 Noon** at the PGVC Community Center! Rides will be provided if needed for the elders!

JOB OPENINGS IN PORT GRAHAM

ENVIRONMENTAL TECHNICIAN

Primary responsibilities include:

Development and implementation of the Indian General Assistance Program (IGAP) environmental projects under the direction of the Port Graham Village Council. The Environmental Technician (ET) will work as directed on environmental issues with local, State and Federal agencies.

Essential Duties and Responsibilities:

1. Assist Environmental Planner with the design and execute environmental presentations' on household hazardous waste, landfill maintenance, indoor air quality, etc., to be attended by tribal members in community.
2. Assist Environmental Planner with planning and implementation of environmental work plan.
3. Establish and maintain an environmental office within the community.
4. Submit written reports to Tribal Council on knowledge gained from training, work- shop, or conferences attended.
5. Schedule regular contact with Environmental Planner and Tribal Council supervisor for the purpose of work assignments, oversight, and technical assistance.
6. Assist Environmental Planner with coordination and planning of the Annual Village Clean-Up.
7. Assist with monitoring of Household Hazmat site.
8. Any other duties as assigned to complete projects with program and Village Council.
9. Ability to work with little or no supervision.

Qualifications:

- High School Diploma required
- Strong interest in environmental issues or preferred experience working on environmental related issues
- Strong written and verbal communication skills preferred
- Mandatory experience with computers and computer software
- Be able to do physical labor (lift up to 50 pounds)

Work Conditions:

Hours of work are as assigned by supervisor, generally Monday to Friday; 9:00am to 4:00pm.



Port Graham Village Council maintains a drug free and non-smoking environment.

This position is funded by EPA.

Native Preference under P.L. 93-638 Job Posted: June 2, 2011



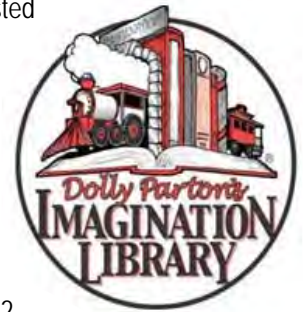
Christalina Jager, Librarian

Library Chatter on Imagination Library Planning Meeting

I am *still* looking for parents interested in participating in the Port Graham Imagination library 'board'.

To qualify to be an Imagination Library community, *there has to be a showing of interest*. Of course, as a librarian, I am *very interested* in a program that will give free books anyone...especially any of us!

If you are interested in being part of the Dolly Parton, Imagination Library for Port Graham's Youth, please contact me at the library between 9 am and 2



pm. The program offers free books to children ages Birth through 4 years of age.

I have contacted a number of parents of children this age and will be arranging for a meeting soon. I do, however, need home addresses of the people I have already spoken to about joining. If

you are interested, please stop by the library, or call me and get yourself on the imagination library 'mailing list'.



LANGUAGE EDUCATION NEWS

By Ephimia Dumont

Camai! Ggwi Apamia; My name is Ephimia Dumont.

I am going to be on Maternity Leave till February. If you have any questions or concerns regarding my program please direct them to Chugachmiut Language Program until my return. Quyanakcak!

Community Events and Information

DO YOU HAVE INFORMATION FOR THE NEWSLETTER?

Do you have an announcement, news or an upcoming event you would like to include in the Port Graham Village Council's Newsletter, **Kalikaahpet**?

Port Graham Village Council invites you to *submit* information to be considered for publication in our *newsletter* which can be viewed online at our website: www.portgraham.org



PORT GRAHAMS LIBRARY COMPUTER

The library computer is available to find jobs with the State of Alaska Jobs site and to enroll in the State of Alaska Library system, and also to check emails and general research. If any of the rules are broken you will lose your privilege to use the computer.



Hrs of Operation are: 9:00 – 2:00 pm w/lunch @ noon

PORT GRAHAM CLINIC ANNOUNCEMENT



**CLINIC
PHONE
NUMBERS**



Reminder: Every Thursday morning the entire clinic staff is in an online meeting. The only patients who will be seen are emergencies. Thank you

When the Clinic's direct line: (284-2241) is *not* in service, and the On-Call Cell phone: (284-3030) is *also* not working Please use the clinics other number to reach the Clinic regarding an emergency or for an appointment: 284-2295



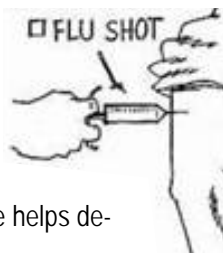
**Port Graham
Behavioral Health
Jim Henkleman**

In Homer: 235-0735 / 230-6693
(please leave a message)

If you have questions or need to schedule an appointment with the Behavior Health provider you can contact Jim Henkleman at the PG Office, 284-2247 or Call the Clinic Receptionist.

Take Action to Fight The Flu...

1. *Get your flu vaccine*—Take time to see your health aide and get your shot. Yearly flu vaccination is recommended by the CDC. There are many types or strains of influenza and while the vaccine 'protects' against the 3 most likely to infect folks this year, the vaccine helps decrease the effects of others that may sneak in.
2. *Try to keep you immune system healthy*—Get plenty of rest. Decrease stress in your life. Stay well hydrated by drinking plenty of fluids. Eat a balanced diet that is 1/2 fruits and vegetables, 1/4 protein and 1/4 carbohydrate. Exercise for at least 30 minutes 5 days a week. Wash your hands often with soap and water or an alcohol-based hand rub. Practice social distancing by keeping 5 to 6 feet between you and all sick people.
3. *Prevent the spread of germs*—(if you get ill) Cough and sneeze into your sleeve or cover your mouth and nose with a tissue and throw it into the trash after it is used. Wash your hands often with soap and water. If soap and water are not available than wash your hands with alcohol-based hand rub. Avoid touching your eyes, nose and mouth. Try to avoid close contact with others by keeping 5 to 6 feet between you. If you are sick with flu-like illness (fever over 101, cough, stiff joints, muscle aches and sometimes



vomiting) stay home for at least 24 hours after the fever is gone without the use of fever reducing medicines.

4. *Take your medicines as prescribed*—Your health aide may give you medications for your cough and fever, take them as instructed. If you do not understand or have questions be sure to ask your health aide.

Your health aide may receive orders from their over site physician to start some elders, children or people with compromised immune systems on an antiviral, be sure to take these as prescribed.

5. *Questions?* Do not hesitate to contact your health aides for questions or concerns.

YOUTH & ELDER NEWS



Saint Herman's Orthodox Church Christmas Schedule



Christmas Starring will begin on Sunday, January 6th 2013 with the Star going to New Born Babies and Elders Homes. The Star and choir will continue on Christmas Day Monday, January 7th - till January 9th or longer- starting at Noon going from Home to Home in the village! Father Paisis will be here with the Saint Innocent Academy Choir from Kodiak to help with Starring and Masking from January 9th till the 15th!

Everyone is invited to attend the Christmas Nativity Celebration of our Lord Jesus Christ at St. Herman of Alaska Orthodox Church and follow the STAR January 5th thru the 9th, 2013!

Saturday,

January 5, 6:00pm Vespers, Royal Hours Paramon and Typika

Sunday,

January 6, 9:30am Vespers with 8 OT Readings ~ This service ends with singing in the middle of the church. Starring at New Born Babies and Elders Homes!

Sunday,

January 6, 6:00pm Festal Great Compline and Festal Matins

Monday,

January 7, 10:00am *Starring at Church and in Homes after church!*

Monday,

January 7, 6:00 pm *Starring at Church and Homes starting at Noon!*

Tuesday,

January 8, 10:00am *Starring at Church and Homes starting at Noon!*

Wednesday,

January 9th, Noon *Starring at Church and Homes starting at Noon!*

This notice is subject to change once an Orthodox Priest arrives for services in Port Graham!

Wednesday, January 9th, 2013 Masking starts at 8pm at the PGVC Community Hall till the last day on Thursday night, January 17th, 2013 if music is available thru the 13th. On January 13th masking stops at 11:30pm to go to St. Herman Orthodox church for a short New Years Readers Service.

New Years Play starts at 8:00pm on January 14th at the PG Community Center. Actors must arrive at 6:30pm to get ready!

Masking continues on January 15th thru January 17th.

Theophany is on January 19th with the Blessing of Homes and Businesses!

If you're interested in participating, call Lydia between 9 & 2 at 284-2227 for more information.



Felicia Yeaton,
Tribal Youth

FIRST

Elder / Youth Potluck for 2013!

Everyone is invited!

Date:

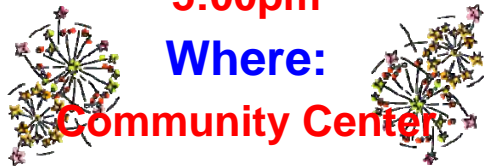
Monday-January 14th

Time:

5:00pm

Where:

Community Center



Please bring a dish
and (if you wish) a
good story to share

We would also like to use this time to recognize anyone in the community for their hard work, accomplishments, or anything you feel is outstanding!

Following the potluck, there will be a Russian New Year's celebration at the center beginning at 8 pm (till midnight).





New Year's Blues

From Jim Henkleman
Behavioral Health

Even though there is lots of fun and excitement focused around welcoming the New Year, many people start the new year carrying a lot of "baggage" from the old year. Often people feel a sense of hopelessness as they look at a whole year ahead, especially when they haven't worked through issues from the past. We have talked about Adverse Childhood Experiences in the past and how those early life experiences affect us as we get older. With every year that we do not resolve those traumas and build on the healing process, feelings of depression, grief, sadness, anger, loneliness and isolation grow worse.

As we enter 2013, let us each try to resolve to work on developing positive habits.

Work on accepting that "Change in me is OK. I can grow and become healthier and happier."

Ways to help you feel stronger and more hopeful can include the following:



- **Connect with others.** Fight stress with friendship. Learn how to strengthen old bonds and build new ones.
- **Stay Positive.** Changing our thinking can change our lives. Take steps to increase your optimism.
- **Get physically active.** Exercise can make you happier. Join the open gym nights at the school.
- **Help others.** We all feel better when we reach out to help someone. Encourage others to join you in your exercise or meditation program.
- **Get enough sleep.** Being tired can hurt our health and our relationships. Practice some meditation/relaxation techniques to help you sleep more fully.
- **Create joy and satisfaction.** Laughter is the best medicine. Enjoy a good laugh with someone. Relax,



kick back and enjoy yourself.

- **Eat well.** The right foods can fuel your mind, boost your mood and fight off infections and disease. Energize yourself with a positive, healthy diet.
- **Take care of your spirit.** Often we take care of the physical, mental and emotional parts of our lives, but forget that the spiritual part is just as important.



Praying and meditation can enrich your life, as can spending time outdoors enjoying life.

- **Deal better with hard times.** Learn some coping skills that will help you manage the rough times in life. Don't forget to seek support from those who love you.
- **Get professional help if you need it.** Don't be afraid to ask for help. Asking for help takes a lot of strength in and of itself. A great first step.

Have a Happy and Peaceful New Year.



ICWA



INDIAN CHILD WELFARE REPRESENTATIVE Jim Miller

Hello Port Graham,

I have been hired for the position of Indian Child Welfare Act Representative (ICWA) for the Traditional Native Village of Port Graham. This is a half time position that works at the direction of the Tribal Council to develop and implement programs that are designed to assist families to remain intact. Some of the services that we offer are;

- Help processing of foster care applications.
- I will act as liaison between families and state social service.
- I will be helping in the development of village based workshops and activities that are designed for parents, foster parents, and Village Council/staff members.
- I will be able to assist individuals with Public Assistance applications.
- I will be help individuals with the tribal enrollment process.

My office is located on the second floor of the Community Center Building and is open from 10:00am till noon and from 1:00 pm till 3:00 pm. I can be reached at 284-2227. Please feel free to contact me with any questions or if you have an idea about needs that face families in Port Graham.

Sincerely, Jim Miller



TRADITIONAL VALUE OF THE MONTH

Ashlyn, Ashton and Tyson were caught



practicing the Alutiiq Traditional Value of Sharing during the month of November, our

first Month of Traditional Values! Please applaud them ruthlessly for this behavior!

By the way, as Mia is out on maternity leave, there will be a slight pause in the collection of the traditional value tickets until her return, but please feel free to keep practicing the values and catching people practicing those values though, we love to see that sort of behavior!



FLU PREVENTION:

The first thing that we at Chugachmiut—Port Graham Clinic would like to stress is that H1N1 is no more concerning than any other of the influenza strains, it is just more likely that the patient will experience vomiting

along with the fever and cough. The current vaccine has two type A strains and one type B strain and these are a/H1N1/California; A/H3N2/Victoria; and those who may be starting to exhibit signs/symptoms of influenza) who has not been vaccinated to please get vaccinated as influenza is contagious. Being vaccinated will help prevent or reduce the effects of influenza.

Please encourage good prevention techniques; frequent hand washing, cough into your sleeve; social distancing of 5-6 feet; anyone exhibiting signs and symptoms should wear a mask when around others; no sharing of food, drinks, or eating apparatus. Masks and Vaccines are available at the Port Graham Clinic, 284-2295.



Your opinion counts!

Our mission is to provide the highest quality services to our beneficiaries. Many of the changes and improvements we make are based on the ideas and opinions of our customers.



Please help us continue to improve services by submitting comments and suggestions.

If you prefer to speak with someone directly, call 1-800-478-4155 and ask for a Customer Feedback Representative.

Providing your contact information will help us look into your concerns. Your comments are strictly confidential but details of your matter will be shared with key personnel who will conduct the investigation.

Name: _____ Phone: _____

Address: _____

Email: _____ Date: _____

Please indicate your affiliation:

Native Tribal Member

Native Non-Tribal

Non Native

If you choose not to provide your name and contact information, an investigation will NOT be performed but your comments WILL be recorded.

Do your comments pertain to a specific Chugachmiut division? If so, please check the appropriate box.

Health Services

Community & Family Services

Enterprise & Trust

Self Governance & Human Resources

Finance & Administration

If your comments pertain to a particular Chugachmiut service or department, please specify:

Do your comments pertain to a specific Chugachmiut employee or employees? Please indicate:

Please provide your comments in detail: _____

Besides the issue you commented on above, how would you rate the overall performance of Chugachmiut?

Excellent Good Average Below Average Poor

Thank you for taking the time to share your thoughts with us.

FOR CHUGACHMIUT USE ONLY

Case Number: _____ Date Feedback Received: _____

Feedback Category

Positive Neutral Negative


Staff Contact in Charge of Resolution:

Notes/Comments: _____

Resolution: _____

Resolution Approved by: _____ Date: _____

TRIBAL YOUTH PROGRAM JANUARY 2013 CALANDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Office of Juvenile Justice and Delinquency Prevention</i> 	1 Happy New Year!	2 Fun Night: 6:30-9pm	3 Cultural Activity Night: 6:30-8:30pm	4
7 Russian Christmas!	8 2-4pm @ School for activities	9 2-4pm @ School for activities	10 2-4pm @ School for activities	11 2-4pm @ School for activities
14 Russian New Year's Potluck @ 5pm	15	16 2-4pm @ School for activities	17 2-4pm @ School for activities	18 2-4pm @ School for activities
21 Martin Luther King Holiday PGVC CLOSED	22 Fun Night: 6:30-9pm	23	24 Cultural Activity Night: 6:30-8:30pm Dance Practice &Activities	25
28	29 Fun Night: 6:30-9pm	30	31 Cultural Activity Night: 6:30-8:30pm	

Fun Night!

... will be changed this month because of holiday activities, be sure to check the calendar for dates of activities throughout January.

Fun Night is held at the Community Center from 6:30 pm until 9:00 pm

Folks of all ages are encouraged to come have a little fun

Doing things like arts & crafts, games, and playing music!



TEEN NIGHT

Some dates and times may change during January 2013, however...Teen Night will be held every other Friday and Saturday night between 7 - 9

All teens interested in sharing company and laughs with others please come!



ACTIVITY NIGHT


Activity Night will be on different nights during January (see calendar for dates and times); We will have Dance Practice on this night as well. Anyone who is interested in sharing company, tea, their hobby & laughs are encouraged to attend!

LOCAL BOX HOLDER
P.O. Box 55
Port Graham, AK 99603

See us on the Web at:
www.portgraham.net

63998 Graham Road, Unit 1
P.O. Box 5510
Port Graham, AK 99603-5510
PH: 907-284-2227 fax: 907-284-2222

PORT GRAHAM VILLAGE COUNCIL



PORT GRAHAM VILLAGE COUNCIL MEMBERS:

- **Patrick Norman,**
First Chief
- **Martin Norman,**
Second Chief
- **Agnes Miller,**
Secretary
- **Debbie McMullen,**
Treasurer
- **Stella Meganack,**
Member
- **Walter Meganack Jr.,**
Member
- **Olga Fomin,**
Member

SPRAASNIKAM - SNUIKUUTEM



In This Issue

PGVC CHRISTMAS WISHES	1
RAFFLE DRAWING WINNERS	
TRADITIONAL VALUE OF THE MONTH	2
ANA PROJECT HAPPENINGS	3
CHR INFORMATION	
JOB OPENING	4
LIBRARY CHATTER	
LANGUAGE PROGRAM INFORMATION	
COMMUNITY EVENTS	5
CLINIC NEWS / FLU INFORMATION	
YOUTH NEWS	6
RUSSIAN CHRISTMAS STARING / MASKING INFORMATION	
BEHAVIOR HEALTH BLUES REPORT	7
H1N1 PREVENTION	8
TRADITIONAL VALUE ACES	
YOUR OPINION COUNTS SHEET	9
TYP CALLANDAR OF EVENTS	11